

Curriculum Vitae

A. PERSONAL

Adam Paul Taggart
Department of Kinesiology and Community Health
University of Illinois at Urbana-Champaign
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B. EDUCATION

B1. Degrees

Graduate

Doctor of Philosophy Student in Kinesiology 2018 – Present
University of Illinois at Urbana-Champaign

Masters of Science in Management 2014 - 2015
Brunel University, West London

Undergraduate

Bachelor of Arts (Hons) International Business and Japanese 2006 - 2010
University of Central Lancashire

C. PROFESSIONAL EXPERIENCE

C1. Teaching

Teaching Assistant

University of Illinois at Urbana-Champaign
Kin 247-Online: Introduction to Sports Psychology 2018 - Present

C2. Research

Graduate Research Assistant

University of Illinois at Urbana-Champaign

2018 – Present

Exercise Technology and Cognition Laboratory, under the direction of Dr. Sean Mullen. Research focuses on the use of technology and understanding of physical activity in relation to their effects on cognitive function.

Currently engaged in the BeFit study (CORTEX II) monitoring cognitive testing, training undergraduate research assistants and

C3. In Industry

Personal Fitness Instructor and Martial Arts Instructor

Self-employed

2014 - 2018

Full time martial arts and fitness instructor. Qualified to NVQ Level 3 (Full Personal Trainer qualification) in fitness instruction and personal training.

MMA, Kickboxing and Movement Coach

Brunel University, West London

Panthers Gym, Uxbridge

TruGym, Uxbridge

2014-2018

Fully qualified instructor in Jeet Kune Do and Kali. Chief instructor for kickboxing and MMA at Brunel University, 2016-18.

D. SCHOLARLY ACTIVITY

D1. Peer-reviewed Papers

Taggart, A. P, Mullen, S. P. (In Review). Effects of martial arts training on functional motor performance in adults: a systematic review.

E. REFERENCES

Available on request